

Monday 16th December			
TIME	VENUE	COACH	GROUP
0630 –0830	Thorndon	Andre	Junior Olympians + Youth
0600 –0800	Freyberg	Dylan + Aidan	Senior + Otago team
1415-1615	Freyberg	Aidan	Otago team
1615-1815	Freyberg	Dylan + Aidan	Senior
1530-1600	Thorndon	Andre	Junior Dolphins
1600-1730	Thorndon	Andre	Junior Olympians
1730-1900	Thorndon	Andre	Youth
Tuesday 17th December			
0630 –0830	Thorndon	Andre	Junior Olympians + Youth
0600 –0800	Freyberg	Dylan + Aidan	Senior + Otago team
1415-1615	Freyberg	Aidan	Otago team
1615-1815	Freyberg	Dylan + Aidan	Senior
1530-1600	Thorndon	Andre	Junior Dolphins
1600-1700	Thorndon	Andre	Junior Olympians
NO YOUTH training			
Wednesday 18th December			
0630 –0830	Thorndon	Andre	Junior Olympians + Youth
0600 –0800	Freyberg	Dylan + Aidan	Senior + Otago team
1415-1615	Freyberg	Aidan	Otago team
1615-1815	Freyberg	Dylan + Aidan	Senior
1530-1600	Thorndon	Andre	Junior Dolphins
1600-1730	Thorndon	Andre	Junior Olympians
1730-1900	Thorndon	Andre	Youth
Thursday 19th December			
No morning training for Olympians + Youth			
0600 –0800	Freyberg	Dylan + Andre	Senior
1615-1815	Freyberg	Dylan + Aidan	Senior
1530-1600	Thorndon	Andre	Junior Dolphins
1600-1730	Thorndon	Andre	Junior Olympians
1730-1900	Thorndon	Andre	Youth
Friday 20th December NORMAL TIMETABLE + LAST DAY OF TRAINING for 2019			