



2020 C-P-T Medley Meet

Wellington Regional Aquatic Centre – Saturday, 25 July 2020

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| Warm Up: 3pm – 3:25pm Racing from: 3:30pm | Open to: 2020-21 SNZ active & financial Club or Competitive Swimmers |
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| EVENT | AGE | STROKE | EVENT | AGE | STROKE |
|-------------|------|------------|--------------|------|-------------|
| 1 Mixed M&F | Open | 100m IM | 7 Mixed M&F | Open | 100 Fly |
| 2 Mixed M&F | Open | 50m Fly | 8 Mixed M&F | Open | 50m Back |
| 3 Mixed M&F | Open | 100m Back | 9 Mixed M&F | Open | 100m Breast |
| 4 Mixed M&F | Open | 50m Breast | 10 Mixed M&F | Open | 50m Free |
| 5 Mixed M&F | Open | 100m Free | 11 Mixed M&F | Open | 200m Back |
| 6 Mixed M&F | Open | 200 IM | | | |

- The Meet will be conducted under SNZ Rules and local rules as applicable.
- **All entrants must be 2020-21 SNZ active and financial Club or Competitive swimmers** and only SNZ Approved Meet times will be available for entry use via the SNZ website.
- The Meet is short course and all events will be mixed timed finals, with over the top starts. Starts and finishes are at the midline shallow end of the pool and care must be taken when diving into the pool – depth is 2.0m at the midline bulkhead and 1.2m at the turn end with the pool depth decrease approx. 7m from the start end.
- Entries are via the SNZ database which will open on 1 July and close **Tuesday 21st July, 2020 at 23:59**. Entry fees are \$10 per event and **MUST BE made by Credit or Debit Card** at the time of entry.
- No Times (NT) will be accepted for all events.
- A maximum of 4 events per swimmer will be accepted and age is at the date of the Meet.
- Events will be scratch seeded and will **NOT** be swum in age groups. They will be scored for the Meet as 10 & under, 11/12 years, 13/14 years, 15/16 years and 17 years and over.
- Classified Para swimmers (including provisional classification) are eligible to enter this Meet and are requested to report to the Technical Director prior to the warmup.
- Organisers reserve the right to reduce entries and heats (with a refund) if the Meet is likely to exceed the booked 8pm finish time. There will be no refunds for withdrawals after the circulation of the initial psych sheets on Wednesday 22nd July, 2020. Scratchings are to be emailed to racesec@capitalswim.co.nz up to 8pm on Friday, 24 July, 2020, and then the final programme will be emailed to Clubs and available online at www.capitalswim.co.nz. The Meet will also be published on Meet Mobile. Officials and Team Managers copies will be printed for their collection at the Meet. No programmes will be available for purchase at the Meet.
- **Door Entry:** Entry is via WRACs Main Entrance located at 63 Kilbirnie Crescent, Wellington from 2:30pm.
- All swimmers and Coaches are to display their Swimming Wellington issued black swimmer pass or NZSCTA pass to enter. Visiting Clubs will be issued with Visitor Passes left for collection at the entrance.
- Named Officials and helpers are to sign in on the Officials/Helpers document at the entrance.
- Spectators please pay the \$2 spectator fee charge to gain entry.
- Pool Warm up is from 3pm – 3:25pm with races commencing from 3:30pm. Entry into the pool **during warmup** will be from the **shallow end and feet first** only, except after 3.15pm when the designated outer sprint lanes 0,1,8 and 9 become dive lanes from the **bulkhead** only. Coaches are to monitor the warmup lanes and activity.
- There will be a Team Manager’s meeting at 2.45pm in the Group Fitness Room from where event marshalling will be undertaken and lane clothing boxes will be available. An Officials meeting will also take place from the same location at 3:15pm.
- Swimmers with any strapping must report to the Technical Director prior to the start of the Meet with a Doctor’s or Physio Certificate stating the reason for the strapping.
- All participants must agree to comply with the Sports Anti Doping Rules.
- All clubs are requested to provide at least 2 x qualified IOTs and advise the names to Sharon Pippas via email to racesec@capitalswim.co.nz no later than 5pm Wednesday, 22 July, 2020 Other senior officials will also be welcomed with thanks.
- Participants who have entered this event agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swimming Wellington or host Club in accordance with the SNZ Member Protection Policy.
- Any Protests are to be lodged with the Technical Director in accordance with SNZ Protest Rule 008 and are to be accompanied by the requisite \$100 cash deposit
- The Organisers will not be responsible for any loss or damage during the period of the Meet.
- Capital Swim Club Organisers are: Pam Edwards 021 2410 517 & Sharon Pippas 021 142 8976.
- Technical Director Barbara Ryan.